



## Group Supervision, Debriefing and Mentoring for Nurses, Social Workers and Healthcare Professionals working in Palliative Care

*Co facilitated by two creative thinkers with a unique approach to mentoring and clinical supervision*

**“We, in this work, are using another layer of skin and must take care to renew ourselves”**

*Cicely Saunders 1918-2005*

**Kaye and Gabby bring their combined skills, experience, training and expertise together to deliver a series of four mentoring, peer support and/or supervision sessions. These sessions will provide all participants with a safe environment to explore and reflect on their work to enhance their practice and client outcomes.**

The group will provide a safe and focused environment for supervisees to present their difficult client cases, expand on their areas of expertise and explore new presenting issues with a group of therapists across various multidisciplines and modalities.

**What:** Case presentation supervision, mentoring and theme based discussion and presentations.

**Why:** Learn from others to support your growth in an open and safe setting.  
Develop practice based skills, creative skills and professional growth in an experiential setting.  
Review and reflect on the impact of the work, setting and keeping safe emotional boundaries, self care practices and the role and purpose of debriefing informally regularly.

**Who:** Nurses, social workers and healthcare professionals working in emergency departments, palliative care and trauma wards .  
Limited numbers 8 – 10 only.

**Where:** At locations in and around Melbourne: Bacchus Marsh, Camberwell, Dandenong, Elsternwick, Williamstown

**When:** Every two months for three hours for four sessions on either Monday afternoon, Monday evening or Tuesday morning.

***Expressions of interest close on the last Friday of every month.***

***Groups will start when minimum numbers are reached.***

***Places are strictly limited and once the group commences, new participants will not be accepted.***

Kaye Griffin has 14+ years as a psychotherapist, hypnotherapist and clinical supervisor and approaches her work in an open and reflective style. She integrates her theoretical knowledge, range of modalities and experiences from an intuitive base with a clear focus on calmness and safety to achieve positive outcomes. She works in outer Melbourne in a busy and diverse practice with adolescents, adults and groups across grief, loss, crisis, trauma, addictions, phobias, behaviour change and mental illness.

Gabby Skelsey has 15 years supervision experience and 20+ years counselling experience. She has a practical knowledge of the wide range of experiences that offer opportunities for personal and professional growth. In parallel Gabby has her practice in Melbourne providing therapy to individuals, couples and groups with issues including addiction, loss, relationships and trauma.

Both Kaye and Gabby are accredited supervisors with Psychotherapy & Counselling Federation of Australia (PACFA) and Australian Counselling Association (ACA), Australian Association of Social Workers (AASW) and grief and loss. Kaye also is accredited with Australian Hypnotherapists' Association (AHA).

***It's time now to look at what more you can get out of supervision, mentoring and peer support – and if you are wanting more then this is the group for you.***

***Please contact Kaye or Gabby for further details.***

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